



## (VBE) PRACTICE JOURNEY DEBRIEF FORM

**Please note: This form cannot be saved in a web browser. We recommend downloading the pdf file to your local computer drive prior to starting this assignment. When you finish this section assignment, you will need to submit your completed form to your Award Leader by uploading it to the green Adventurous Journey section of your Online Record Book.**

Name of Group	
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Documentation and learning from your practice exercise - answer all questions as a group and review with your Assessor.

1. Which virtual journey video did you choose?	
2. How did you work together to find a solution for your five team challenges?	
3. Do you need to adjust for your Qualifying Journey Physical Challenge after working through the team challenges?	
4. How did you choose an inclusive physical activity that all group members were able to successfully complete?	
5. Will you change your physical activity for the Qualifying Journey? Why or why not?	